

HELSINKI MILLS

- Since 1934 -

**PURE GOODNESS
FROM FINLAND**

Industrial products

HEALTHY AND TASTY GRAIN-BASED FOOD SOLUTIONS

Our products are carbon neutral and manufactured from locally grown Finnish grains: oats, wheat, rye and barley. We are Finland's largest organic grain processor and a forerunner in gluten-free oat products. We are the company to turn to when looking for high standard organic products and gluten free oat products. One third of our turnover comes from export to over 50 countries worldwide.

Our product portfolio consists of a variety of flakes, flours, bakery mixes, porridges, breakfast cereals and mueslies – conventional, organic, gluten-free and vegan. We have no animal based raw materials or allergenes. Our high quality is proven by external certifications. We have three in-house laboratories, one of which is solely dedicated to gluten-free oat products.



FAMILY OWNED COMPANY IN 4 GENERATIONS

We are a family owned Finnish milling company whose roots date back to the 17th century. We emphasize high quality standards and environmental values in our production.



Our production process has been carbon-neutral since 2020 as we became the first carbon-neutral mill in Finland. We use only renewable energy in

our production and our bio energy plant in Vaasa produces all the heat energy it needs by burning oat shells.



All our packages are recyclable. We are committed to reducing the use of plastic as

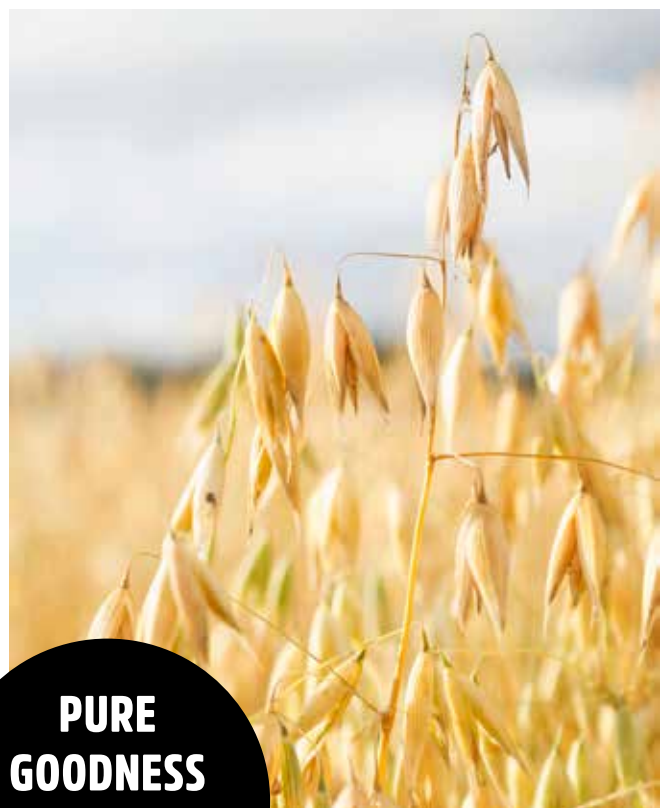
packaging material. We also use more environmentally friendly EGP-technic in printing.

ORGANIC



We have had organic products since 1997 and today we are the largest producer of organic grains in Finland. One

third of our wide product portfolio is organic. We are committed to better choices: We share information about healthy plant-based food and we donate possible wastage for the people in need.



**PURE
GOODNESS
FROM
FINLAND**

Our passion is to nourish well-being through healthy and innovative grain-based solutions with respect for nature and sustainability.



**FROM
GLUTEN FREELY
CULTIVATED
FIELDS**



Extruded Products &
Breakfast Cereals



Flours & Bakery Mixes



Porridges & Mueslis

OATS – ORGANIC & CONVENTIONAL

OAT FLAKES

Big Oat Flakes
Jumbo Oats
Thick Oat Flakes
Muesli Oat Flakes
Small Oat Flakes
Quick Oats
Instant Oats
Porridge Oats

OAT BRAN

Oat Bran, coarse
Oat Bran, fine

OAT GROATS

Oat Groats, whole
– heat treated
Oat Groats, cut
– heat treated

OAT FLOUR

Wholegrain Oat Flour, medium
Wholegrain Oat Flour, coarse
Wholegrain Oat Flour, fine
White oat flour

TAILOR MADE

– thickness
– volume weight



PACKAGING OPTIONS

10-20-25 kg paper bag
600 – 1100 kg big bag
Bulk in silo truck

VERSATILE OATS PORTFOLIO OF HIGHEST QUALITY

Our gluten free products are manufactured from oats that are gluten freely cultivated by our contracted Finnish farmers. Because of our long frost winter period there is less need for plant protection.

The northern latitudes equals for long summer days, resulting in larger yields and crops with unique characteristics. Our gluten free baking products are easy to prepare and have a taste and texture close to conventional baking products.



GLUTEN FREE OATS – ORGANIC & CONVENTIONAL

GLUTEN-FREE OAT FLAKES

Big Oat Flakes
Jumbo Oats
Muesli Oat Flakes
Small Oat Flakes
Instant Oats
Quick Oats
Porridge Oats

GLUTEN-FREE OAT BRAN

Oat Bran, coarse
Oat Bran, fine

GLUTEN-FREE OAT GROATS

Oat Groats, whole
– heat treated
Steel-cut Oat Groats

GLUTEN-FREE OAT FLOUR

Wholegrain Oat Flour,
coarse
Wholegrain Oat Flour,
fine



PACKAGING OPTIONS

10-20-25 kg paper bag
600 – 1100 kg big bag
Bulk in silo truck

GLUTEN-FREE BAKERY MIXES

Universal baking mix
Dark flower baking mix
White flower baking mix
Oat bread mix

Tailor-made mixes



PACKAGING OPTIONS

10-20-25 kg paper bag
600 – 1100 kg big bag

GLUTEN-FREE MUESLI PRODUCTS – ORGANIC & CONVENTIONAL

Oat Muesli with seeds
and raisins
Oat Muesli with fruit
Oat Muesli with seeds
Papaya Muesli
Tropical Muesli

Tailor-made mueslies



PACKAGING OPTIONS

10-20-25 kg paper bag
600 – 1100 kg big bag



WHEAT – ORGANIC & CONVENTIONAL

WHEAT FLAKES

Wheat Flakes

4-CEREAL FLAKES

4-cereal Flakes
– oat, barley, wheat,
rye

WHEAT GROATS

Wheat Groats, whole
– heat treated

WHEAT FLOUR

Wholegrain Wheat Flour
All-purpose Wheat Flour
Unbleached Wheat Flour
High-gluten Wheat Flour



PACKAGING OPTIONS

10-20-25 kg paper bag
600 – 1100 kg big bag
Bulk in silo truck

WIDE RANGE OF WHEAT, BARLEY, RYE AND EXTRUDED PRODUCTS

Finland has sustainable farming operations, world-class cleanliness and hygiene standards and some of the cleanest waters in the world. Pre-harvest glyphosate treatment is forbidden in Finland.

The tailor-made solutions are developed to meet customer's specific needs. The high quality and fast, efficient deliveries are guaranteed by the state-of-the-art production.



BARLEY – ORGANIC & CONVENTIONAL

BARLEY FLAKES

Barley Flakes

BARLEY GROATS

Pearl Barley
– heat treated

Barley Groats, cut
– heat treated



PACKAGING OPTIONS

10-20-25 kg paper bag
600 – 1100 kg big bag
Bulk in silo truck

RYE – ORGANIC & CONVENTIONAL

RYE FLAKES

Rye Flakes

RYE GROATS

Rye Kernel, whole
– heat treated
Rye Kernel, cut
– heat treated

RYE FLOUR

Wholegrain Rye Flour
Rye Flour, fine
Rye Flour, extra fine

PACKAGING OPTIONS

10-20-25 kg paper bag
600 – 1100 kg big bag
Bulk in silo truck

EXTRUDED PRODUCTS

EXTRUDED PRODUCTS

Oat & Quinoa Q's
Cocoa Rings
Cocoa Crisps
Raspberry Rings

Strawberry Paw
Apple Paw, broken
Apple Paw (broken)
with Apple Pieces

Tailor-made breakfast cereals



PACKAGING OPTIONS

7-10 kg paper bag
200 – 300 kg big bag

HELSINKI MILLS

- Since 1934 -

**EXPORTS
TO OVER 50
COUNTRIES
WORLDWIDE**

Our customers see us as an agile keypartner because of our deep understanding of needs in industrial business as well as consumer needs, great service and long experience.



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